





Easy Read - Advocacy

	<p>This document will help you understand advocacy and who an advocate is.</p>
	<p>Advocacy is when a person publicly helps to promote, provide and protect your human rights.</p>
	<p>Advocacy can help your voice be heard and your wishes met.</p> <p>Advocacy can be used to help you become part of your community.</p>
	<p>Sometimes you might find it hard to say what you want. You might want someone to:</p> <ul style="list-style-type: none">• Support you• Speak up for you• Be your voice.
	<p>An advocate can be that person.</p> <p>An advocate is someone who provides a public voice for you if you cannot or do not want to speak up yourself.</p>
	<p>An advocate should be fair and treat everybody in the same way.</p>

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	<p>You can ask someone you trust to be your advocate, like your:</p> <ul style="list-style-type: none">• Mum or dad• Brother or sister• Close friend.
	<p>Or you can ask a professional, independent advocate to help you and to be your voice.</p> <p>They can help you make good decisions and choices that are right for you.</p>
	<p>Your advocate should always:</p> <ul style="list-style-type: none">• Listen and support you• Take your side• Help you make your own good choices and decisions.
	<p>Your advocate can help you:</p> <ul style="list-style-type: none">• Get ready for meetings• Tell people/providers what you want• By signing documents for you.
	<p>Importantly, your advocate can represent you and speak on your behalf.</p>
	<p>Your advocate can help you make a complaint if you are not happy with:</p> <ul style="list-style-type: none">• Supports provided• The way you have been treated.
	<p>Your advocate can speak for you and tell us how you have been mistreated.</p> <p>They will help us understand the support and assistance you need.</p>
	<p>Your advocate must keep your information private.</p>

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	Not sure how to find an advocate?
	Talk to the [redacted] at [redacted] Call: [redacted] They will help you find an advocate.
	Our [redacted] can also help you go online to use the NDIS Disability Advocacy Finder
	You can contact us on: